

Lakeway TaeKwonDo

Promotion Test Application

Name: _____ Age: _____ DOB: _____

Address: _____ Phone: _____

Current Rank: _____ Belt Size: _____

Prior Experience in Martial Arts (if applicable) _____

Date Last Tested: _____ Date Began Training: _____

Note: High School age student or younger must submit a copy of most recent report card, have good class attendance, and have exhibited proper class behavior to be allowed to test.

I submit this application to Lakeway TaeKwonDo for the upcoming promotion test on _____. I will accept, without challenge, the examiner's decision.

Signed: _____ Date: _____

***** For Examiner's Use Only *****

Attendance: _____ School Performance: _____ Fee Paid: _____

Rating: 5 = excellent, 4 = very good, 3 = good, 2 = fair, 1 = poor

Comments: + = perfect, - = work on it

Stances	Blocks	Kicks	
Horse	Down	Stretching	One Step Sparring <input type="checkbox"/>
Front	High	Cross Stretching	
Walking	Outside	Inside Crescent	Self Defense <input type="checkbox"/>
Back	Inside	Outside Crescent	
Fighting	Outside Forearm	Front Snap	Forms
Cat	Guarding	Step-in Front Snap	WTF <input type="checkbox"/>
	Single Knifehand	Jumping Front Snap	ITF <input type="checkbox"/>
	High Section	Turning	
	Low Section	Step-in Turning	Old Forms Review <input type="checkbox"/>
Attacks	Double Fist Block	Reverse Step Turning	
Middle Punch	Open hands	Narabam	Balance <input type="checkbox"/>
High Punch	Double Knifehand	Double Turning	Speed <input type="checkbox"/>
Low Punch	Low Section	Side	Strength <input type="checkbox"/>
Jab/punch	Double Forearm	Step-in Side	
Knifehand Strike	Double Outside	Back	Questions <input type="checkbox"/>
Reverse	X Block Low	Step-in Back	
Spearhand	High Section	Jumping Back	Attitude <input type="checkbox"/>
Finger Strike	Sweep Block	360 Back Kick	
Throat Strike	Palm Block	Hook	
Ridge Hand	Scissor Block	Spinning Hook	
Elbow Up	Reinforcing Block	Step-in Spinning Hook	
Cross		Jump Spinning Hook	
Hammer Strike		360 Spinning Hook	
Open hand			
Back Fist			

Parents' Permission to Test (to Age 16)

Dear Parents:

At Lakeway Taekwondo, we believe that the practice of Taekwondo will have a positive impact on every aspect of your child's life, including building the ability to focus on academic work, improved behavior at home, a heightened sense of self-confidence, and increased physical fitness. These changes may not happen overnight, but they will become part of your child's life as they journey through their Taekwondo experience.

As parents, you have first hand knowledge of your children's performance in certain areas of your children's life that we do not have. Please comment on your child's performance in the following areas by checking the appropriate box.

Please note that your child must score FIVE of EIGHT positive marks in order to be allowed to test for their next rank.

	Satisfactory	Needs Improvement
Respectful behavior towards parents, teachers, elders		
Kind towards siblings and friends		
Demonstrates responsibility (picks up after self, making bed, cleaning up toys)		
Listens to parents and does not need to be told twice to do the same thing		
Practices healthy eating habits		
Studies hard at school		
Does homework diligently		
Attains/exceeds your expectations for grades		

Thank you for the opportunity for becoming a positive force in your child's life. If you have any comments, please feel free to add them to the bottom of this page.

Sincerely,

Master Chris Abramson